CAREER SERVICES
GROVE CITY COLLEGE

Assess
(freshman year)

Step One: Assess

Goals for Self-Assessment

- Develop an understanding of self—interests, skills, values, personality traits, and desired work lifestyle.
- Be aware of the interrelationship between self and occupational choice.
- Determine areas in which you wish to improve or gain more knowledge or experience.

Checklist

___ Begin the journey of exploring your God-given calling by identifying your personality, interests, skills and values through the comprehensive web resource, **MyPlan (http://gcc.myplan.com/).** Use the license code provided through myGCC ("Career Services" tab) to access the four free assessments.

___Consider scheduling an appointment in Career Services to review your assessment results with a CSO staff member.

___ Explore career options through the "CareerMatch" link on **MyPlan** after taking the assessments and getting a composite score. Read about and view videos on career options that interest you. Save occupations you are interested in under your "My Careers" folder.

___ For additional self-assessments, consider taking the **Strong Interest Inventory** and/or the **Myers-Briggs Type Indicator**. These assessments will help you understand your personality and interests, and will show you careers that may be a good fit for you. They are available to take on JobGrove at a nominal cost.

___ Gather **print & web-based materials** in the Career Services Library and/or website, such as:

- What Can I Do With This Major? online resource
- *What Color is Your Parachute?*
- *Live Your Calling: A Practical Guide to Finding & Fulfilling Your Mission in Life*
- *Do What You Are*
- *The Call*

___View info regarding **self-assessment** *(under "Students", "Planning Your Future" and "Assess")* and other resources on the CSO's website: **www.gcc.edu/cso.**

___ Review the **four-year timeline** on the CSO's website to begin thinking proactively about your next four years of college.

___ Stop by the CSO to pick up a **freshman info packet** and to **schedule an appointment** with a career counselor in the CSO to begin mapping out a career plan.

Career Management

The mission of the Grove City College Career Services Office is to guide students in their realization and pursuit of God's calling for their lives. Our program helps students to identify their interests, talents and abilities during their freshman year and then build a four-year strategy to pursue a satisfying career.

The Four Step Process

- ***Self-Assessment***
- ***Career Exploration***
- ***Career Decision***
- ***Strategic Job Search***

Contact the CSO if you have questions or would like to schedule an appointment!
career@gcc.edu • 724-458-3371